**SAMPLE ABC Grow Healthy Level B**

**Child Care Discipline Policy**

Policy Statement

Praise and positive reinforcement are effective methods of behavior management of children. When children receive positive, nonviolent, and understanding interactions from adults and others, they develop good self-concepts, problem solving abilities, and self-discipline. Based on this belief, ***(****Insert the name of your child care center here)* uses a positive approach to discipline and practices the following discipline and behavior management techniques.

**WE DO**

* Communicate to children using positive statements.
* Communicate with children on their level.
* Talk with children in a calm quiet manner.
* Explain unacceptable behavior to children.
* Give attention to children for positive behavior.
* Praise and encourage the children.
* Reason with and set limits for the children.
* Apply rules consistently.
* Model appropriate behavior.
* Set up the classroom environment to prevent problems.
* Provide alternatives and redirect children to acceptable activity.
* Give children opportunities to make choices and solve problems.
* Help children talk out problems and think of solutions.
* Listen to children and respect the children’s needs, desires and feelings.
* Provide appropriate words to help solve conflicts.
* Use storybooks and discussion to work through common conflicts.

**WE DO NOT**

* Inflict corporal punishment in any manner upon a child. (Corporal punishment is defined as the use of physical force to the body as a discipline measure. Physical force to the body includes, but is not limited to, spanking, hitting, shaking, biting, pinching, pushing, pulling, or slapping.)
* Use any strategy that hurts, shames, or belittles a child.
* Use any strategy that threatens, intimidates, or forces a child.
* Use food as a form of reward or punishment.
* Use or withhold physical activity as a punishment.
* Shame or punish a child if a bathroom accident occurs.
* Embarrass any child in front of others.
* Compare children.
* Place children in a locked and/or dark room.
* Leave any child alone, unattended or without supervision.
* Allow discipline of a child by other children.
* Criticize, make fun of, or otherwise belittle a child’s parents, families, or ethnic groups.

Conferences will be scheduled with parents if particular disciplinary problems occur. If a child’s behavior consistently endangers the safety of the children around him/her, then the Director has the right, after meeting with the parents and documenting behavior problems and interventions, to terminate child care services for that particular child.

Note: If, at any point, there is an indication/suspicion that a child may have special needs, ***(****Insert the name of your child care center here)* will inform the child’s family and make contact with Baby Net for assessment and assistance.

***My signature below indicates that I have received a copy of the discipline policy, it has been reviewed with me, and I have read and understand this policy.***

**Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Please circle as appropriate: STAFF PARENT**

**If parent, name of child\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**