









Structural Quality: Nutrition Indicators	Point Value
Nutrition Policy addresses these three topics: <ul style="list-style-type: none"> <li>Plans to ensure all meals/snacks follow the USDA CACFP meal pattern requirements;</li> <li>Prohibition on using food as reward/punishment; and</li> <li>Accommodation for individual allergic needs of children</li> </ul>	
Nutrition Policy addresses the three topics listed above plus: <ul style="list-style-type: none"> <li>Accommodation of special dietary requirements of children based on physical, religious or cultural beliefs;</li> <li>Planned and/or informal opportunities to learn about healthy eating are provided to children at least once a week; and</li> <li>Teacher practices to encourage healthy eating</li> </ul>	
Nutrition Policy addresses the six topics listed above plus: <ul style="list-style-type: none"> <li>Guidelines for foods offered during holidays and celebrations;</li> <li>Plans to educate families about child nutrition and/or infant feeding, and</li> <li>Plans for fundraising with non-food items</li> </ul>	
*Menus reflect: <ul style="list-style-type: none"> <li>All meals and/or snacks served follow the USDA Child and Adult Care Food Program meal pattern requirements;</li> <li>Unflavored whole milk must be served to 1 year olds; unflavored skim or 1% milk must be served to children 2 years and older;</li> <li>100% juice is allowed once per day in the appropriate serving size;</li> <li>Sweet foods are served no more than two times per week; and</li> <li>Sugar-sweetened beverages are not served</li> </ul>	
*Menus reflect the five menu items listed above plus: <ul style="list-style-type: none"> <li>Fruit (not juice) is served at least two times per day;</li> <li>A vegetable, other than white potatoes, is served at least once per day;</li> <li>Whole grain foods are served at least once per day;</li> <li>High-fat meats are served no more than two times per week; and</li> <li>Fried/pre-fried foods are served no more than one time per week</li> </ul>	
*Menu reflects the ten menu items above plus: <ul style="list-style-type: none"> <li>A vegetable, other than white potatoes, is served at least two times per day;</li> <li>Whole grain foods are served at least 2 times per day;</li> <li>Sweet foods are served no more than one time per week;</li> <li>High-fat meats are served no more than one time per week; and</li> <li>Fried/pre-fried foods are served no more than one time in a two-week period</li> </ul>	
All staff receive at least one hour of training related to breastfeeding, infant feeding or child nutrition each calendar year.	
<b>Total Possible Points</b>	

Contact the ABC Quality Health Educators at 1-800-763-2223 for more information.

\*N/A for programs where parents provide ALL meals and snacks.