









Grow Healthy sets forth policies and practices to increase children's consumption of healthy foods while in child care.

Process Quality: Nutrition Indicators	Point Value		
	Infants & Toddlers	Preschool	School Age
Family-style dining is practiced during a meal service.			
Children have opportunities to learn about nutrition one time a week or more.			
Total Possible Points			

Contact the ABC Quality Health Educators at 1-800-763-2223 for more information.