

## Guidance for Identifying, Reporting, Preventing, and Controlling Suspected Influenza Outbreaks in Child Care Facilities

#### **Purpose**

These guidelines are intended to help child care facilities with the identification, reporting, prevention, and control of suspected influenza and/or influenza-like illness (ILI) outbreaks.

### When to Report Suspected Influenza/ILI Outbreaks

Monitoring for absenteeism, parent reports of influenza, and ILI in attendees and staff can help in identifying potential influenza outbreaks. ILI is defined as a fever (≥100°F [37.8°C], oral or equivalent) AND cough and/or sore throat (without a known cause other than influenza). Immediately notify the regional health department when:

1. 10% or more of the total child care facility enrollment is absent on a given day for reasons not otherwise specified (e.g., a facility with 50 children would contact DHEC when at least 5 children are absent on the same day for reasons not attributable to vacation, inclement weather, etc).

#### OR

2. 2 individuals with ILI are reported in a shared setting (e.g., classroom or shared room) within 72 hours of each other with at least one being laboratory confirmed (i.e., individual is reported to have tested positive for influenza by a lab test such as a rapid influenza test, culture, real-time PCR, DFA, or IFA).

#### **What to Report**

Report as much of the following information as available when notifying the regional health department of a suspected influenza outbreak:

- Child care facility name
- Number of attendees and staff who are absent
- Baseline attendee absenteeism per day (i.e., the number of attendees who are typically absent per day)
- Number of individuals who have tested positive for influenza
- Number of individuals who have ILI
- Earliest illness onset date and latest illness onset date
- Total facility enrollment
- Total number of attendees and staff in shared setting (e.g., classroom or shared room), if applicable

#### **Subsequent Reporting**

Report all ill cases (e.g. children and staff) utilizing a line list (provided by the regional health department personnel) at the following intervals: weekly or as deemed appropriate.

#### **How to Report**

Contact information for regional health departments can be found at: <a href="http://www.scdhec.gov/Library/CR-009025.pdf">http://www.scdhec.gov/Library/CR-009025.pdf</a>.

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Completed		
<b>√</b>	Recommendations for Prevention and Control	Resources
Vaccination		
	Encourage the annual influenza vaccine to all attendees and staff, unless age is <6 months old or medically contraindicated.	http://www.cdc.gov/flu/protect/children.htm
Good Hygiene Etiquette		
	Ensure staff members are trained on appropriate hand hygiene practices.	https://www.cdc.gov/handwashing/
	Post signage to remind staff of proper handwashing procedures.	https://www.youtube.com/watch?v=8iFEvkbaFh4
	Provide available, suitable sinks for children. Staff should assist children with handwashing and teach children proper procedures.	https://www.cdc.gov/flu/protect/covercough.htm
	Reinforce to staff that handwashing should occur after each diaper change.	
	Reinforce to children and staff that they should cover their nose and mouth with a tissue or their upper sleeve (if tissue is not available) when they cough or sneeze. Place tissue in a trash receptacle after use.	
	Wash hands with soap and water or alcohol-based hand sanitizer after coughing or sneezing.	
Limit Contact with Others When Sick		
	Avoid close contact (i.e., within 6 feet) with ill persons.	
	Stay home when experiencing influenza or ILI until free from fever for 24 hours without the use of fever-reducing medicine.	
	Ensure staff or students with influenza or ILI are appropriately excluded from school. Follow the guidance outlined in the School and Childcare Exclusion List.	http://www.scdhec.gov/library/CR-011634.pdf
	Ensure procedures are in place to monitor reports of illness in students and staff.	
	Conduct health checks with children as they arrive at the facility each day; a running log of this information (e.g., history of illness) should be maintained.	
Clean and Disinfect Surfaces		
	Follow your facility's policies for cleaning and disinfecting. In particular, ensure that frequently touched surfaces such as door knobs, tables, desks, computer keyboards, handrails, etc., are routinely cleaned.	https://www.cdc.gov/flu/school/cleaning.htm https://www.cdc.gov/flu/school/