

# Division of Early Care & Education Newsletter



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# FREE Pediatric First Aid & CPR Training



Pediatric CPR/First Aid trainings will be available for ABC Quality participants at no cost beginning in March. If there is no training available in your area or nearby, you may request to become a host site by

contacting Kristin Stevens at <a href="mailto:kstevens@scnsc.org">kstevens@scnsc.org</a>. The training is also available to non – ABC Quality participants for \$75. <a href="mailto:Click here">Click here</a>.

#### Revised link: FREE Bloodborne Pathogen Training

Some were unable to access the link for the FREE online Bloodborne Pathogen training advertised in the last newsletter. Please click here for the corrected link to enroll today! The class will meet your annual requirement and will count as 1 hour of Health & Safety credit.

# Family Child Care Super Saturday Saturday, March 10, 2018

**Location**: Mauldin Library, 800 West Butler Road Greenville, SC 29607

10:00AM – 12:30PM Family Child Care Business Practices 1:30PM – 4:00PM Laws & Regulations that Effect Your Family Child Care Business

# Family Child Care Resource Fair Thursday, March 29, 2018 6:30PM – 8:00PM

Join us for an EXCLUSIVE Family Child Care Resource Fair! Explore local, statewide, and national Family Child Care resources to enhance your Family Child Care business.

Location: Florence-Darlington Technical College, Building 400 (Auditorium) 2715 West Lucas Street, Florence, SC 29501

# Train the Trainer Series

If you provide training to your staff, join fellow trainers for informative sessions to gain additional adult learning strategies. These sessions are designed to give you a variety of ideas to enhance your training sessions. To learn more and register click here.

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#### March is National Nutrition Month®

"Go Further with Food" is the theme for National Nutrition Month® 2018. Whether it's starting the day off right with a healthy breakfast or fueling before an athletic event, the food you choose

makes a difference. As you plan for activities to include in your facility to recognize National Nutrition Month, include a variety of healthy foods from all food groups on a regular basis, find activities that you enjoy, and be physically active every day of the week.

# CACFP Week is March 11-17, 2018

Highlight what you are doing in your center to help *Build Healthy Habits for a Lifetime* with CACFP. Get out in the community and talk to parents to let them know CACFP helps your center provide nutritious meals and snacks to children.

# **Product Recalls**

DSS Regulation 114-507C(2) states that furniture, toys and recreational equipment shall meet the standards of the US Consumer Products Safety Commission (CPSC), if applicable, and that recalled products shall not be accessible to children. For more information, call CPSC's hotline at 800-638-2772 or visit their website: www.cpsc.gov. To report a dangerous product or related injury, go to <a href="http://saferproducts.gov">http://saferproducts.gov</a>.

- **Fashion Accessory Bazaar Fidget Spinner Keychains** due to choking hazard caused by detachable center piece.
- VTech Infant Rattles due to choking hazard caused by detachable elephant ears.
- DSS Regulation 114-507C(2) states that furniture, toys and recreational equipment Fockler Murphy Bed Kits due to tip-over and entrapment hazards shall meet the standards of the US Consumer Products Safety Commission caused by defective wall studs.
  - VTech Lights & Lullabies Travel Mobiles due to injury hazard caused by defective rail clamp.
  - Natureplex Walgreens Pain and Itch Relief Cream due to failure to meet child resistant closure requirement.
  - Alstyle Infant Bodysuits due to choking hazard caused by detachable crotch snaps.
  - Tea Collection Children's Rompers due to choking hazard due to detachable collar snaps.



# **Understanding Birth Defects**

In the United States, every 4 ½ minutes, an infant is born with birth defects. Approximately 120,000 children are born with defects annually. Birth defects are structural changes existing at birth that can affect one or more part of the body and range

from mild to severe. Some may affect internal organs (i.e. heart or brain) while others may affect external limbs (i.e. foot or hand). Birth defects can occur during any stage of pregnancy; however, most occur during the first trimester. Though not all causes of birth defects are known, research has outlined some behaviors and factors that may increase the risks of birth defects.

#### **Causes**

- Drinking alcohol, smoking, illicit drugs, and caffeine
- Medications and/or genetics
- Medical conditions before and during pregnancy (i.e. obesity, uncontrolled diabetes)

#### **Prevention**

- Avoid drinking alcohol or caffeine, smoking, and using illicit drugs
- Check with your doctor about all medications you're taking
- Eat a well-balanced and nutritional diet
- Practice good hygiene
- Take prenatal vitamins that include 400mcg of folic acid and other essential B vitamins
- Get vaccinated and prevent insect bites

CDC