FREE Pediatric First Aid & CPR Training
Pediatric CPR/First Aid trainings will be available for ABC Quality participants at no cost beginning in March. If there is no training available in your area or nearby, you may request to become a host site by contacting Kristin Stevens at kstevens@scnsc.org. The training is also available to non – ABC Quality participants for $75. Click here.

Revised link: FREE Bloodborne Pathogen Training
Some were unable to access the link for the FREE online Bloodborne Pathogen training advertised in the last newsletter. Please click here for the corrected link to enroll today! The class will meet your annual requirement and will count as 1 hour of Health & Safety credit.

Family Child Care Super Saturday
Saturday, March 10, 2018
Location: Mauldin Library, 800 West Butler Road
Greenville, SC 29607
10:00AM – 12:30PM Family Child Care Business Practices
1:30PM – 4:00PM Laws & Regulations that Effect Your Family Child Care Business

Product Recalls
DSS Regulation 114-507C(2) states that furniture, toys and recreational equipment shall meet the standards of the US Consumer Products Safety Commission (CPSC), if applicable, and that recalled products shall not be accessible to children. For more information, call CPSC’s hotline at 800-638-2772 or visit their website: www.cpsc.gov. To report a dangerous product or related injury, go to http://saferproducts.gov.

- Rockler Murphy Bed Kits due to tip-over and entrapment hazards caused by defective wall studs.
- VTech Lights & Lullabies Travel Mobiles due to injury hazard caused by defective rail clamp.
- Natureplex Walgreens Pain and Itch Relief Cream due to failure to meet child resistant closure requirement.
- Alstyle Infant Bodysuits due to choking hazard caused by detachable crotch snaps.
- Tea Collection Children’s Rompers due to choking hazard due to detachable collar snaps.

Understanding Birth Defects
In the United States, every 4 ½ minutes, an infant is born with birth defects. Approximately 120,000 children are born with defects annually. Birth defects are structural changes existing at birth that can affect one or more part of the body and range from mild to severe. Some may affect internal organs (i.e. heart or brain) while others may affect external limbs (i.e. foot or hand). Birth defects can occur during any stage of pregnancy; however, most occur during the first trimester. Though not all causes of birth defects are known, research has outlined some behaviors and factors that may increase the risks of birth defects.

Causes
- Drinking alcohol, smoking, illicit drugs, and caffeine
- Medications and/or genetics
- Medical conditions before and during pregnancy (i.e. obesity, uncontrolled diabetes)

Prevention
- Avoid drinking alcohol or caffeine, smoking, and using illicit drugs
- Check with your doctor about all medications you’re taking
- Eat a well-balanced and nutritional diet
- Practice good hygiene
- Take prenatal vitamins that include 400mcg of folic acid and other essential B vitamins
- Get vaccinated and prevent insect bites

Go Further with Food
It’s starting the day off right with a healthy breakfast or fueling before an athletic event, the foods you choose make a difference. As you plan for activities to include in your facility to recognize National Nutrition Month®, include a variety of healthy foods from all food groups on a regular basis, find activities that you enjoy, and be physically active every day of the week.

CACFP Week is March 11-17, 2018
Highlight what you are doing in your center to help Build Healthy Habits for a Lifetime with CACFP. Get out in the community and talk to parents to let them know CACFP helps your center provide nutritious meals and snacks to children.