









Structural Quality: Physical Activity Indicators	Point Value
Physical Activity Policy addresses these six topics: <ul style="list-style-type: none"> <li>• Safe, least restrictive environment for infants and toddlers at all times;</li> <li>• No screen time, media viewing, or computer use for children under age 2;</li> <li>• Not using or withholding physical activity as punishment;</li> <li>• Frequency &amp; amount of time provided for daily active outdoor play for all children;</li> <li>• Description of appropriate dress for outdoor play; and</li> <li>• Teacher practices that encourage physical activity</li> </ul>	
Physical Activity Policy addresses the six topics listed above plus: <ul style="list-style-type: none"> <li>• Education for families on children's physical activity; and</li> <li>• Education for families on screen time</li> </ul>	
Physical Activity Policy addresses the eight topics listed above plus: <ul style="list-style-type: none"> <li>• Inclement weather plan that provides for indoor active play; and</li> <li>• Amount of screen time, media viewing, or computer use allowed for children age 2 and older</li> </ul>	
Daily schedule for each classroom reflects: <ul style="list-style-type: none"> <li>• Frequency and amount of time provided for active outdoor play</li> </ul>	
Daily schedule for each classroom reflects the frequency and amount of outdoor time plus: <ul style="list-style-type: none"> <li>• Teacher-planned physical activities that support gross motor development at least two times a day</li> </ul>	
Daily schedule for each classroom or program's policy reflects: <ul style="list-style-type: none"> <li>• Indoor active play time will be provided, equivalent to the amount of time allocated for outdoor play, in the event of inclement weather</li> </ul>	
An inclement weather plan that reflects materials and/or activities to support indoor active play when unable to play outdoors due to adverse weather conditions is maintained by the program.	
All staff receive at least one hour of training related to children's movement/physical activity each calendar year.	
<b>Total Possible Points</b>	